



# Middle School 8-Period Day

- Allows the ability to **overcome scheduling challenges** for Health, Family & Consumer Science, Studio in Art, Band, Orchestra, Chorus, etc.
- Provides the ability to create a **Middle School Advisory Program**
  - Advisory Programs are designed to create a strong support system that students need to develop academically, socially and emotionally
  - Meant to proactively create a support system and safety net for students before something becomes a crisis
  - Students could meet with their advisory team once or twice per day to perform a number of functions, including:
    - Allowing students to prepare for the school day ahead (AM) or to get a head start on homework and assignments (PM)
    - Giving students the opportunity to seek out help from teachers in classes or assignments
    - Creating a sense of community and ensuring students know that there is always someone they can turn to for help
  - Other benefits include:
    - Supports strong academics
    - Helps students navigate the social and emotional issues unique to middle school
    - Creates a positive school culture
    - Creates a proactive safety net and support structure
    - Facilitates easier communication